

Coronavirus update: 11 March 2020

Brigantia Learning Trust (Parents & Carers)

You've probably heard in the media that the UK is now moving towards the 'delay' phase of the plan to tackle the Covid-19 Coronavirus.

As part of this, our main priority is to put measures in place which will help prevent further spread to protect our students /pupils health, welfare and safety as well as that of our staff and visitors.

In light of latest updates from the Government, as well as recent news regarding the increased number of cases nationally we wanted to reassure you that we're proactively monitoring this rapidly changing situation and keeping up to date with evolving reports and advice.

As you would expect, we're also putting contingency plans in place to manage any issues which may arise as the situation develops.

There is no cause for immediate concern, but it is important that we all prepare ourselves.

Things are likely to change over the next few days and weeks as we take steps to protect our Trust and Academy communities. As they do, we'll continue to provide you with regular information and support.

Currently, all lessons, events and activities can, and should, continue as normal and most recent advice from the government to Multi Academy Trusts and academies is that 'No school/academy should close in response to a suspected (or confirmed) COVID-19 case unless advised to do by Public Health England.'

To complement our updates, please actively check and follow [Government advice](#) which includes guidance to protect yourself and about travel.

How to reduce the risk of catching or spreading the virus

The most important thing you can do right now is to wash your hands using soap and water for 20 seconds, use a tissue for coughs and avoid touching your face.

Do

- **Wash your hands with soap and water often – do this for at least 20 seconds**
- **Always wash your hands when you get home or into work**
- **Use hand sanitiser gel if soap and water are not available**
- **Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze**
- **Put used tissues in the bin straight away and wash your hands afterwards**
- **Try to avoid close contact with people who are unwell**

Don't

- **Don't touch your eyes, nose or mouth if your hands are not clean**

You can keep up to date with [evolving NHS advice](#) here.

Contact details for support

Check if you need medical help

NHS 111 has an [online coronavirus service](#) that can tell you if you need medical help and advise you what to do.

Use this service if:

- you think you might have coronavirus
- in the last 14 days you've been to a country or area with a high risk of coronavirus – see our coronavirus advice for travellers
- you've been in close contact with someone with coronavirus

Support at the Academies

Brigantia Learning Trust Action Line

We've set up a dedicated Action Line to support our Trust and Academy communities, which is open Monday to Thursday 8.45am- 4.30pm, and 8.45am- 4.00pm on a Friday.

0114 232 9017

actionline@brigantiatrust.net

To protect yourself and others, [NHS guidance](#) is to **not** go to a GP surgery, pharmacy or hospital. Please dial 111 instead if you need to speak to someone. This is a 24/7 service.

Supporting one another

Many people may find this a difficult situation for a variety of reasons – it could be concern over their own health, the health of family and friends with underlying health conditions, close contacts who have recently travelled, or they could be feeling anxious about missing studies or work or about disruption to their plans.

It's really important that we come together to show kindness, sensitivity and support to each other.

Our main priority is protecting your children's health, welfare and safety and that of our staff and visitors to the academies and Trust.

If you feel uncomfortable or anxious about Coronavirus for any reason, please contact the Trust Action Line on 0114 232 9017 or actionline@brigantiatrust.net

Advice for Personal Travel

There are some countries and areas where there's a higher chance of coming into contact with someone with coronavirus.

If you're planning any travel abroad, you should [check the latest Government information](#), but please bear in mind this is a rapidly evolving picture.

The Government is naming more areas and countries as high risk on a daily basis and you may want to take extra precautionary measures.