



Longley Park  
SIXTH FORM

# Reading for Pleasure

Recommended Reading by Longley Park Sixth Form  
Independent Learning Centre.

All recommendations can be accessed as free E-books  
from Sheffield City Libraries

To access free E-books—Sheffield Libraries have a free e-book library...all you need to do is join the library (if you're not a member already) follow the link below.

<https://www.sheffield.gov.uk/home/libraries-archives/the-elibrary>

You can access **10542** E-books, **2389** Audio Books, **1555** Comics & **174** Magazines.

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## Benefits of Reading?

Mental stimulation

Memory improvement

Enriched imagination

Stress reduction

Focus and concentration

Entertainment/Escapism

Analytical thinking skills

Increased vocabulary

Knowledge

Reading reduces stress levels by 68%