



Longley Park
SIXTH FORM

Reading Challenge

Challenge

Pick a book for every letter of the alphabet - A to Z (26 Books in total!) you could select fiction books or non-fiction or a mixture of both.

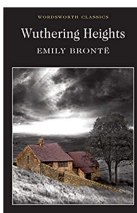
Prepare a list by searching for the books - you could do this by accessing Longley Park's library catalogue Liberty at the following address <https://library.brigantiastrust.net> and bring the list to the Independent Learning Centre in September and start to borrow the books. We would love to see what you've chosen.

Search Sheffield Libraries E-Library at <https://www.sheffield.gov.uk/home/libraries-archives/the-elibrary> and make a list and get started by reading the first one (or more) online.

Example reading list - A to Z Fiction by Author's family name. (or title)



A
Samira **Ahmed**
Interment



B
Emily **Bronte**
Wuthering Heights



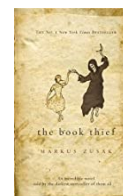
C
Suzanna **Collins**
The Hunger Games



X
X-men
Graphic Novel



Y
Nicole **Yoon**
The Sun is Also a Star



Z
Markus **Zusak**
The Book Thief

Benefits of Reading?

Mental stimulation

Stress reduction

Analytical thinking skills

Memory improvement

Focus and concentration

Increased vocabulary

Enriched imagination

Entertainment/Escape

Knowledge

Reading reduces stress levels by 68%